Wibrant life

		BE VIBRANT. BE YOU.			Solstice Senior Living at Bellingham	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SOLSTICE SENIOR LIVING AT BELLINGHAM	2818 Old Fairhaven Parkway Bellingham, WA 98225 360-671-6060	Location Keys Activity Room AR Atrium ATR Exercise EXR	8:30 In- Room Breakfast Delivery 10:00 Morning Exercises and Puzzles 12:00 In-Room Lunch Delivery	8:30 In-Room Breakfast Delivery 10:00 Morning Exercises 11:30 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 In-Room Dinner Delivery	8:30 In- Room Breakfast Delivery 10:00 Morning Exercises 11:30 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 3:30 General Store [AR] 4:30 In-Room Dinner Delivery	8:30 In- Room Breakfast Delivery 9:00 Saturday Word Search 10:00 Morning Exercises 11:30 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 In-Room Dinner Delivery
8:30 In-Room Breakfast Delivery 9:00 Sunday Crossword 10:00 Morning Exercises 10:30 CANCELLED: Morning Walk [ATR] 11:30 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 In-Room Dinner Delivery	12:00 ♥ In-Room Lunch Delivery 2:30 ♥ Afternoon Social Distancing Walk	8:30 In-Room Breakfast Delivery 10:00 Morning Exercises 11:30 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 In-Room Dinner Delivery	MARGARET SANTI BIRTHDAY Wednesday Word Search 8:30 ♥ In- Room Breakfast Delivery 10:00 ₱ Morning Exercises 11:30 ₱ Puzzle Packet and Crosswords 12:00 ♥ In-Room Lunch Delivery 2:30 ♥ Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 ♥ In-Room Dinner Delivery	8:30 In-Room Breakfast Delivery 10:00 Morning Exercises 11:30 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 In-Room Dinner Delivery	8:30 In-Room Breakfast Delivery 10:00 Morning Exercises 11:30 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 In-Room Dinner Delivery	RHODES GALBRAITH BIRTHDAY 8:30 In- Room Breakfast Delivery 9:00 Saturday Word Search 10:00 Morning Exercises 11:30 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 In-Room Dinner Delivery
Easter 8:30 ♥ In-Room Breakfast Delivery 9:00 ₱ Sunday Crossword 10:00 ₱ Morning Exercises 11:30 ★ Loud Speaker Easter Service 11:30 ₱ Puzzle Packet and Crosswords 12:00 ♥ In-Room Lunch Delivery 2:30 ♥ Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 ♥ In-Room Dinner Delivery	8:30 In-Room Breakfast Delivery 10:00 Morning Exercises 11:30 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 In-Room Dinner Delivery	MARY LOU ORLUSKE BIRTHDAY 8:30 ♥ In-Room Breakfast Delivery 9:00 ● Tim's Tech Time [AR] 10:00 ► Morning Exercises 11:30 ► Puzzle Packet and Crosswords 12:00 ♥ In-Room Lunch Delivery 2:30 ♥ Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 ♥ In-Room Dinner Delivery	Wednesday Word Search 8:30 ♥ In-Room Breakfast Delivery 10:00 ₱ Morning Exercises 11:30 ₱ Puzzle Packet and Crosswords 12:00 ♥ In-Room Lunch Delivery 2:30 ♥ Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 ♥ In-Room Dinner Delivery	8:30 In-Room Breakfast Delivery 10:00 Morning Exercises 11:30 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 In-Room Dinner Delivery	BILL HAMPTON BIRTHDAY 8:30 In- Room Breakfast Delivery 10:00 Morning Exercises 11:30 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 In-Room Dinner Delivery	8:30 In-Room Breakfast Delivery 9:00 Saturday Word Search 10:00 General Store [AR] 10:00 Morning Exercises 11:00 Let's Play Chess [ATR] 11:30 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 In-Room Dinner Delivery
8:30 In-Room Breakfast Delivery 9:00 Sunday Crossword 10:00 Morning Exercises 11:30 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 In-Room Dinner Delivery	EDNA WADE BIRTHDAY 8:30 ♥ In- Room Breakfast Delivery 10:00 ₱ Morning Exercises 11:30 ₱ Puzzle Packet and Crosswords 12:00 ♥ In-Room Lunch Delivery 2:30 ♥ Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 ♥ In-Room Dinner Delivery 4:30 ♥ Learn to Play Chess [ATR]	8:30 In-Room Breakfast Delivery 10:00 Morning Exercises 11:30 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 In-Room Dinner Delivery	WAYNE DAVIS BIRTHDAY Wednesday Word Search 8:30 ♥ In- Room Breakfast Delivery 10:00 ₱ Morning Exercises 11:30 ₱ Puzzle Packet and Crosswords 12:00 ♥ In-Room Lunch Delivery 2:30 ♥ Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 ♥ In-Room Dinner Delivery	8:30 In-Room Breakfast Delivery 10:00 Morning Exercises 11:30 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 In-Room Dinner Delivery	8:30 In-Room Breakfast Delivery 10:00 Morning Exercises 11:30 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:00 Let's Play Chess [ATR] 4:30 In-Room Dinner Delivery	MARILYN BAILEY BIRTHDAY 8:30 In- Room Breakfast Delivery 9:00 Saturday Word Search 10:00 Morning Exercises 11:30 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 In-Room Dinner Delivery
8:30 In-Room Breakfast Delivery 9:00 Sunday Crossword 10:00 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 In-Room Dinner Delivery	Delivery 10:00 Morning Exercises 11:30 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk	8:30 In-Room Breakfast Delivery 10:00 Morning Exercises 11:30 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 In-Room Dinner Delivery	Wednesday Word Search 8:30 ♥ In-Room Breakfast Delivery 10:00 ₱ Morning Exercises 11:30 ₱ Puzzle Packet and Crosswords 12:00 ♥ In-Room Lunch Delivery 2:30 ♥ Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 ♥ In-Room Dinner Delivery	8:30 In-Room Breakfast Delivery 10:00 Morning Exercises 11:30 Puzzle Packet and Crosswords 12:00 In-Room Lunch Delivery 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:00 PLet's Play Chess [ATR] 4:30 In-Room Dinner Delivery	Be Challenged Be Connected	