

	BE VIBRANT. BE YOU.				Solstice Senior Living at Bellingham	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Saving Time Begins 9:00 Sunday Crossword 10:30 Morning Walk [ATR] 10:30 Solstice Church Service [GL] 11:30 Puzzle Packet and Crosswords 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR]	11:30 Puzzle Packet and Crosswords 1:30 Solstice Bridge Club [GL] 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 Learn to Play Chess [ATR]	Election Day 10:00 ₩ RUMMIKUB [GL] 11:30 P Puzzle Packet and Crosswords 12:00 Name Tag Tuesday 2:00 ₩ Knitting & Crochet Circle [ATR] 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 2:30 P Bingo [GL]	Wednesday Word Search 10:00 ○ Beanbag Baseball [GL] 11:30 Puzzle Packet and Crosswords 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR]	11:00 Alterations by Joyce [TV] 11:30 Puzzle Packet and Crosswords 2:00 TED Talks [TV] 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 2:30 Socially Distanced Trivia [GL] 4:00 Let's Play Chess [ATR] 7:00 Pinochle [GL]	10:00 ♥ Beanbag Baseball [GL] 11:30 ₱ Puzzle Packet and Crosswords 12:00 ★ Wear a Hat [DR] 2:30 ♠ Afternoon Social Distancing Walk (Weather Dependent) [EXR] 3:00 ❤ Pops and Popcorn [ATR] 4:00 ₱ Let's Play Chess [ATR]	9:00 Saturday Word Search 10:00 Our Daily Bread" [LI] 10:00 General Store [AR] 10:00 Morning Walk [EXR] 11:00 Let's Play Chess [ATR] 2:00 Pinochle [GL] 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 3:00 Solstice Social Hour [GL]
9:00 Sunday Crossword 10:30 Morning Walk [ATR] 10:30 Solstice Church Service [GL] 11:30 Puzzle Packet and Crosswords 12:00 Soports Day! Wear your favorite Team Attire [DR] 2:00 Knitting & Crochet Class [ATR] 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR]	11:30 Puzzle Packet and Crosswords 1:30 Solstice Bridge Club [GL] 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 Learn to Play Chess [ATR]	10:00 RUMMIKUB [GL] 11:30 Puzzle Packet and Crosswords 12:00 Name Tag Tuesday 2:00 Knitting & Crochet Circle [ATR] 2:00 Monthly Resident Meeting [DR] 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 2:30 Bingo [GL]	Veterans Day Wednesday Word Search 10:00 → Beanbag Baseball [GL] 11:30 Puzzle Packet and Crosswords 12:00 ★ Wear a Something Green [DR] 2:30	BOB SANDERS BIRTHDAY 11:00 Alterations by Joyce [TV] 11:30 Puzzle Packet and Crosswords 12:00 Wear Polka Dots Day [DR] 2:00 TED Talks [TV] 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 2:30 Socially Distanced Trivia [GL] 4:00 PLet's Play Chess [ATR] 7:00 Pinochle [GL]	10:00 → Beanbag Baseball [GL] 11:30 P Puzzle Packet and Crosswords 12:00 ★ Wear Something Fancy [DR] 2:00 ★ Solstice Writer's Group - Moments in Time [AR] 2:30	9:00 Saturday Word Search 10:00 Tour Daily Bread" [LI] 10:00 Morning Walk [EXR] 11:00 Let's Play Chess [ATR] 12:00 Wear Stripes Day [DR] 2:00 Pinochle [GL] 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 3:00 Solstice Social Hour [GL]
LINDA STREITFELD BIRTHDAY 9:00 Sunday Crossword 10:30 Morning Walk [ATR] 10:30 Solstice Church Service [GL] 11:30 Puzzle Packet and Crosswords 12:00 Patriotic Day! Wear Red, White and Blue [DR] 2:00 Knitting & Crochet Class [ATR] 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR]	11:30 Puzzle Packet and Crosswords 1:30 Solstice Bridge Club [GL] 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 Learn to Play Chess [ATR]	10:00 ₩ RUMMIKUB [GL] 11:30 Puzzle Packet and Crosswords 12:00 Name Tag Tuesday 2:00 Knitting & Crochet Circle [ATR] 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 2:30 Bingo [GL]	Wednesday Word Search 10:00 → Beanbag Baseball [GL] 10:00 ← Deal or No Deal [GL] 11:30 ← Puzzle Packet and Crosswords 12:00 ★ Wear a Scarf or Tie [DR] 2:30	11:00 Alterations by Joyce [TV] 11:30 Puzzle Packet and Crosswords 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 2:30 Socially Distanced Trivia [GL] 4:00 Let's Play Chess [ATR] 7:00 Pinochle [GL]	10:00 ♥ Beanbag Baseball [GL] 11:30 ₱ Puzzle Packet and Crosswords 12:00 ★ Wear Blue [DR] 2:30 ♠ Afternoon Social Distancing Walk (Weather Dependent) [EXR] 3:00 ♥ Pops and Popcorn [ATR] 4:00 ₱ Let's Play Chess [ATR]	9:00 Saturday Word Search 10:00 Tour Daily Bread" [LI] 10:00 General Store [AR] 10:00 Morning Walk [EXR] 11:00 Let's Play Chess [ATR] 11:30 Puzzle Packet and Crosswords 2:00 Pinochle [GL] 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 3:00 Solstice Social Hour [GL]
9:00 Sunday Crossword 10:30 Morning Walk [ATR] 10:30 Solstice Church Service [GL] 11:30 Puzzle Packet and Crosswords 2:00 Knitting & Crochet Class [ATR] 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR]	11:30 Puzzle Packet and Crosswords 1:30 Solstice Bridge Club [GL] 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 Learn to Play Chess [ATR]	10:00 ₩ RUMMIKUB [GL] 11:30 Puzzle Packet and Crosswords 12:00 Name Tag Tuesday 2:00 ★ Knitting & Crochet Circle [ATR] 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 2:30 P Bingo [GL]	Wednesday Word Search 10:00 ○ Beanbag Baseball [GL] 11:30	THANKSGIVING 11:30 Puzzle Packet and Crosswords 12:00 Thanksgiving Dinner [DR] 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 2:30 Socially Distanced Trivia [GL] 4:00 Let's Play Chess [ATR] 7:00 Pinochle [GL]	SALLY BISHOP BIRTHDAY 10:00 ♥ Beanbag Baseball [GL] 11:30 ₱ Puzzle Packet and Crosswords 12:00 ★ Fancy Pearls Day [DR] 2:00 ★ Solstice Writer's Group - Moments in Time [AR] 2:30 ⑥ Afternoon Social Distancing Walk (Weather Dependent) [EXR] 3:00 ♥ Pops and Popcorn [ATR] 4:00 ₱ Let's Play Chess [ATR] 7:00 ₱ Bingo [GL]	KAY RICH BIRTHDAY 9:00 Saturday Word Search 10:00 Tour Daily Bread" [LI] 10:00 Morning Walk [EXR] 11:00 Let's Play Chess [ATR] 11:30 Puzzle Packet and Crosswords 12:00 Wear Bright Colored Socks [DR] 2:00 Pinochle [GL] 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 3:00 Solstice Social Hour [GL]
9:00 Sunday Crossword 10:30 Morning Walk [ATR] 10:30 Solstice Church Service [GL] 11:30 Puzzle Packet and Crosswords 12:00 Wear a Floral Print Day! [DR] 2:00 Knitting & Crochet Class [ATR] 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR]	11:00 Beanbag Baseball GL] 11:30 Puzzle Packet and Crosswords 1:30 Solstice Bridge Club [GL] 2:30 Afternoon Social Distancing Walk (Weather Dependent) [EXR] 4:30 Learn to Play Chess [ATR]	SOLSTICE SENIOR LIVING	2818 Old Fairhaven Parkway Bellingham, WA 98225 360-671-6060	Location Keys Activity Room AR Atrium ATR Dining Room DR Exercise EXR Game Loft GL Library LI TV Lounge TV	Be Adventurous Be Challenged Be Connected Be Family ★ Be Inspired Be Social Be Well	